

Classes at Trudy's School of Dance

Combination Classes (Ages 3-8)

These classes are designed to introduce the dance disciplines of Ballet and Tap to our youngest students. We plan each class to incorporate both singing and dancing games with activities that help reinforce dancing basics. We use both creative movement and acrobatics to lead aspiring dancers through a series of exciting progressions to help get them ready for our curriculum classes of Jazz, Tap and Ballet.

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| Baby Bloomers | Ages 3 - 4 |
| GiggleToes | Ages 4 - 5 |
| Danc-N-Beats | Ages 6 - 8 |
| Danc-N-Beats "Sparklers" | Ages 6 - 8 (teacher placement) |
| "Sparklers" Ballet | Ages 6 - 8 (teacher placement) |

Jazz & Tap Curriculum Classes (Ages 8 - Teens)

Jazz dance is a discipline of dance that was created to match the rhythms and techniques of jazz music. Descended by early 20th century African Americans, jazz dance incorporates a series of isolation and coordination exercises which is supported by a strong background in the understanding of the ballet technique.

Tap dance is a form of dance that is characterized by the percussive sound of metal plates attached to the dance shoe. It stems from the 19th century dance forms of the Jig and Clog and typically incorporates jazz dance technique sometimes favoring a classic Broadway style of dance.

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| Just-4-Kix | Ages 8-14 Ballet Recommended, but not required. | Level 1 |
| Rizin' Starz | Ages 8-10 Ballet Required | Level 2 |
| Pop-A-Razzi | Ages 10+ Ballet Required | Level 2 |
| ElectrX | Teens Ballet Required | Level 3 |
| Mystiques | Teens/Adults Ballet Required | Level 4 |

Adult Classes (Ages 18+)

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| DreamCatchers | Level 1 Adult Ballet recommended, but not required |
| Sophisticates | Level 2 Adult Ballet recommended, but not required |
| Graduates | Level 3 Adult Ballet recommended, but not required |

Ballet Curriculum Classes (Ages 6+)

Ballet is a classical form of dance demanding grace and precision through formalized steps and gestures. Intricate patterns are practiced to develop strong dancing techniques that support all forms of dance. Ballet builds strength, discipline and poise in the dancer and is best understood and executed after 8 years of age. We offer a "Sparkler's" Ballet class for budding 6-8 year olds who show promise and/or desire to move into the ballet curriculum once age appropriate.

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| "Sparklers" Ballet | Ages 6 - 8 (teacher placement) |
| Intro to Ballet | Ages 8 + |
| Ballet 1 Adult Ballet 1 | Level 1 |
| Ballet 2 Adult Ballet 2 | Level 2 |
| Ballet 3 | Level 3 |
| Ballet 4 | Level 4 |
| Ballet Production | Teacher Placement Only |

Hip Hop Classes (Ages 6+)

Learn the latest dance moves as seen on MTV, music videos, and reality dance shows from MTV's *MADE* Coach, Miss Neasy Griffin. Don't be shy if you've never gotten funky before, we have a Level 1 class just for you! And if you've got a little experience in throwin' it down then head over to Level 2 for some challenging dancin' beats.

PopRockz **Ages 6 +**
Level 1

Graffitiz **Ages 8 +**
Level 2

Adult Hip Hop **Teen/Adult**
Level 1 & 2

Specialty Classes

Lyrical **Ages 16 - Adult**

Lyrical dance involves expressive, personal emotions that typically tell a story. It is a combination of Jazz, Ballet, and Modern techniques that become a vehicle for emotional truth. Lyrical is typically reserved for the mature teen or adult that is capable of tapping into the emotion required to execute this technique.

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| Sophisticates Lyrical | Adults | Level 1/2 |
| Graduates Lyrical | Adults | Level 3 |
| Mystiques Lyrical/Modern | Teen/Adults | Level 3 |

Carolina Shag **Ages 8 - Adult**

Learn the SC State Dance! If you already know the basics you can fine tune your skills! You'll be learning from the best since our very own Linda Walker, daughter of Mrs. Trudy and Studio Owner, is an inductee to the Shaggers Hall of Fame and the National Shag Dance Champion! Bring a partner, a group or just yourself. Either way it's sure to be a grand time!

Modern **Ages 12 - Adult** **Level 2 and up**

Modern dance is a style of theatrical dance that rejects the limitations of classical ballet and favors movement deriving from the expression of inner movement. It is typically open to individual interpretation, thus allowing for a range of modern theories and schools of thought.

Rhythmic Aces **Ages 16 - Adult** **Advanced Tap Level 4**

For the quickest feet on the East Coast, check out our Advanced Tap class!

Tapercise **Adults and Seniors** **Level 1 & 2**

A great class and workout for our beloved Seniors! We know you're still tappin' those toes, so why don't you bring them on in for a fun filled time with our dear Judy Bennett, daughter of Mrs. Trudy and retired Studio Owner.